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(54) Title: A SKIN CARE AND COSMETIC PREPARATION CONTAINING AN INOSITOL DERIVATIVE

(57) Abstract: The present invention discloses a preparation to be applied externally to the skin which contains an inositol derivative in which an inositol and a saccharide are combined. The invention aims to provide an external skin preparation that can be spread over skin without causing a granular feeling and has excellent moisturising effects and of keeping the skin healthy.

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